



# Flick Goodman

Community Artist, Writer and Storyteller





# Flick Goodman About Me

**Exploring Family, Social History and our connection to our world through the written and spoken word.**



I am fascinated by people, culture and place. By what connects us, what divides us and what angers us. By how we can change the world by listening to the stories of the many and helping those who feel lost, find their voice. I am inspired by change makers, peace keepers and humanitarians. I am inspired by the notion of home, both in the domestic and the global sense. What does it mean to belong?

I have created work with and for people from a wide range of ages, experiences and backgrounds for 15 years. My practice is Trauma Informed and I have additional qualifications in Level 3 Counselling Skills and in English as Additional Language Teaching.



[www.felicitygoodman.co.uk](http://www.felicitygoodman.co.uk)

: @flickgoodmantales



# Workshops for Schools and Families

## *Stories and Songs*

45 -60 min, 5 and under

Have fun sharing a book, playing instruments, moving our bodies, and singing songs. This session can include a short craft activity linked to the book for children aged 3-5.

## *How to Haiku*

60 - 90 min, 6 -11 year olds

Discover a brand new world and learn how to write a Haiku. Finish by creating your own arty postcard featuring your Haiku.

## *Storyteller's Voice*

90 -120 min, 7-11 year olds

Have you ever wondered how you can change your voice? Learn some tips and tricks to keep your voice healthy, energised and flexible and create new characters

## *World Building*

90 -120 min, 7-11 year olds

Create a world where stories can take place. Learn how to build landscapes where stories can be set and create your own simple puppets to add to your scene.

## *Poems to Change the World*

90 -120 min, 7-11 year olds

From celebrating the changemakers who have come before us to standing up for what matters to us, learn how to create a poem to change the world.

## *Quest!*

90 - 120 min, 6+

Come and create your own adventure based board game to take home and play. In this two hour workshop, create the world where your board game will take place and decide the challenges that players will face.

[www.felicitygoodman.co.uk](http://www.felicitygoodman.co.uk)

: @flickgoodmantales



# Workshops for Adults

## Creative Writing Workshops

The Heroine's Journey

2-3 hours

Unpack the Heroine's Journey and explore the road of trials. Start plotting your own tale

Overcoming The Monster

2-3 hours

Learn the story structure of Overcoming the Monster and start plotting your own tale

Belong - Family History

2-3 Hours

This practical session is a great start to writing the stories of our family past and present for future generations.

Tick Tock Tales

2-3 hours

Using Carriage Clocks as prompts to crack characters.

## Performance Workshops

The Talking Teller

2-3 hours

Raise your voice, lift the story off the page and tell it in your own way. Explore the voice and creative expression from page to performance.

The Playful Teller

2-3 hours

Hone your improvisation skills and dive into a deeper understanding of listening and staying present when telling tales. Learn some to explore how you can keep focused on telling the tale alongside being open to what our audience likes



[www.felicitygoodman.co.uk](http://www.felicitygoodman.co.uk)

: @flickgoodmantales



# Collaboration

## Artists and Companies

I have worked with visual artists, illustrators and dancers creating narrative work and comfortable working cross discipline. I have supported artists on Arts Council's DYCP and Project Grants. Here are some of the ways, I can work with fellow artists:

- *World Building*
- *Voice work*
- *Working with Folk Tales*
- *Workshop design*
- *Narrative*
- *Dramaturgy*
- *Text work*
- *Working with Family Audiences*



## Story Stitches

I am co director of Story Stitches CIC. We use storytelling to build up a sense of belonging in both individuals and their community. You can find out more about the experiences that we offer by visiting our website: [www.storystitches.co.uk](http://www.storystitches.co.uk)  
Or listen to some of the stories at our Noisy Library by using the QR Code

[www.felicitygoodman.co.uk](http://www.felicitygoodman.co.uk)

: @flickgoodmantales



# Writer

## Listen in



I have written for a variety of mediums: books, podcasts, live performance, video projection, in summary at conferences. I have worked with many organisations including the Family Arts Network, The Pankhurst, Z Arts, Kindred Folk Dance and Culture Warrington.

You can listen to some of my work here.



## Let's Talk

I am always open to new partnerships and collaboration. If you can't see a particular workshop you would like, I can create a bespoke package for you. You can contact me through the details below.

[www.felicitygoodman.co.uk](http://www.felicitygoodman.co.uk)

: @flickgoodmantales